



Coaching Guide – Initial Team Meeting

Topics to cover during meeting

- Welcome & Introductions
 - Manager, Assistant Coaches, Parents & Players
- Season Objectives
 - Coaching Philosophy
 - Team Goals and Your Expectations
- Overview of Season, Division play
 - Minimum Play Rules (see Manager's Notebook)
 - Supplemental Playing Rules (see Manager's Notebook)
 - Equipment and Uniforms
 - Each player will receive a hat and shirt from the league, designate your team pant, belt and sock colors for parents to purchase.
 - Appropriate practice attire
 - Cleats, plastic and other equipment
 - Keeping track of your equipment, labeling
 - Safety (Manager's responsibility, taken very seriously)
 - When & where games & practices are scheduled
 - Being on time, locations of practice and games
 - Water, be rested, fed and ready to go
 - Regular communication during season
 - Manager/Coach contact info
 - Refer to FOVLL.COM website
 - Key dates & activities during season (see Manager's Notebook)
- Volunteers & responsibilities
 - Review what each role does and how it helps the team
 - Establish who the Team Parent will be for the season
 - Code of Conduct (being responsible for your behavior)
- Forms
 - Medical Release Form (important for safety reasons)
 - Needed before kids can play
 - Original with Manager,
 - Team Volunteer sheet/website (delegate to Team Parent)
 - Volunteer Application Form (Recommend every Parent fill out)
- Closing
 - Keeping perspective and having fun